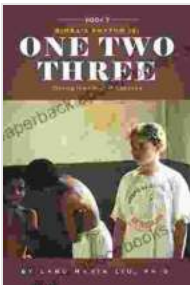


# Bimba Rhythm Is One Two Three: Unlock the Secrets of Rhythm!

Are you ready to elevate your musical journey and master the art of rhythm? Look no further than ***Bimba Rhythm Is One Two Three***, the groundbreaking guide by the acclaimed percussionist and educator, Kevin Sands.



## Book Three: Bimba's Rhythm is One, Two, Three: Closing the Circle of Capoeira by Joe Writeson

★★★★★ 5 out of 5

Language : English  
File size : 4925 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting: Enabled  
Print length : 181 pages  
Lending : Enabled



This comprehensive book is your ultimate companion to understanding and mastering the fundamental elements of rhythm. With its engaging and accessible approach, ***Bimba Rhythm Is One Two Three*** will empower you to:

- Develop a solid foundation in the fundamentals of rhythm, from basic note values to complex syncopations.
- Master a diverse range of rhythms, including Afro-Cuban, Brazilian, and funk grooves.

- Enhance your musicality and develop a deeper appreciation for the intricate tapestry of rhythm.

## **Why Choose *Bimba Rhythm Is One Two Three*?**

Authored by Kevin Sands, a renowned percussionist with over 30 years of experience, ***Bimba Rhythm Is One Two Three*** is the result of a lifetime of musical exploration and teaching.

What sets this book apart is its unparalleled clarity and systematic approach. Sands breaks down complex rhythmic concepts into manageable chunks, making them easy to grasp and apply. Whether you're a beginner or an experienced musician, you'll find invaluable insights and practical exercises within these pages.

## **Unleash Your Rhythmic Potential**

Through a series of engaging lessons and interactive exercises, ***Bimba Rhythm Is One Two Three*** will guide you on a transformative musical journey.

You'll delve into:

- The anatomy of rhythm, from basic beats to sophisticated polyrhythms.
- A comprehensive analysis of time signatures, subdivisions, and syncopations.
- Step-by-step instructions for mastering hand and foot coordination.
- A wealth of musical examples from various genres, demonstrating the practical application of rhythmic principles.

## Benefits for Musicians of All Levels

Whether you're a complete novice or a seasoned performer, ***Bimba Rhythm Is One Two Three*** has something to offer:

- **Beginners:** Establish a strong foundation in rhythm, laying the groundwork for your future musical endeavors.
- **Intermediate Musicians:** Refine your rhythmic skills and expand your vocabulary with advanced techniques.
- **Advanced Musicians:** Gain a deeper understanding of complex rhythmic structures and explore innovative rhythmic possibilities.

## Enhanced with Online Content

To further enhance your learning experience, ***Bimba Rhythm Is One Two Three*** comes with access to exclusive online content.

You'll have access to:

- Interactive rhythm exercises and play-alongs to reinforce your learning.
- Video demonstrations by Kevin Sands, showcasing the techniques and concepts covered in the book.
- A vibrant online community where you can connect with fellow musicians and share your rhythmic discoveries.

## Testimonials

"***Bimba Rhythm Is One Two Three*** is an invaluable resource for any musician who wants to master the art of rhythm. Sands' clear writing and

engaging exercises make learning fun and effective." – *Dave Weckl, Grammy-winning drummer*

"A comprehensive and inspiring guide to rhythm. Sands' passion for the subject shines through in every page." – *Stacey Kent, Grammy-nominated vocalist*

## **Free Download Your Copy Today!**

Don't wait another day to unlock the secrets of rhythm. Free Download your copy of ***Bimba Rhythm Is One Two Three*** today and embark on a musical journey that will transform your playing.

Available now at fine bookstores and online retailers.

Free Download Now on Our Book Library

For more information, visit [www.kevinsands.com/bimba-rhythm-is-one-two-three](http://www.kevinsands.com/bimba-rhythm-is-one-two-three).

## **About the Author:**

Kevin Sands is a world-renowned percussionist, educator, and author. With over 30 years of experience in the music industry, Sands has performed with an array of acclaimed artists, including Pat Metheny, Yo-Yo Ma, and Wynton Marsalis. His passion for education has led him to create innovative teaching methods, empowering students of all levels to achieve their rhythmic potential.

## **Image Alt Attributes:**

BOOK 3

BIMBA'S RHYTHM IS:

# ONE TWO THREE

Closing the Circle of Capoeira



BY LANG MARIA LIU, PH.D.

BOOK 3

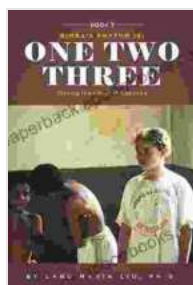
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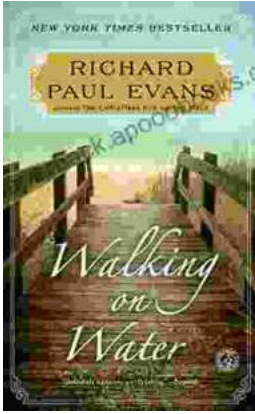
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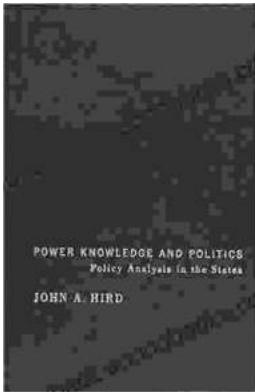
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