Cycling Southern Africa: An Epic Adventure

In his new book, 'Cycling Southern Africa', Jiri Bina chronicles his epic bike journey through the region. Bina, a Czech-born adventurer, cycled over 12,000 miles through 10 countries in Southern Africa over a period of six months. Along the way, he encountered a wide range of challenges and adventures, from treacherous mountain passes to remote villages and wildlife encounters.



Cycling Southern Africa by Jiri Bina + + + + + 5 out of 5 Language : English File size : 9887 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 208 pages Lending : Enabled



Bina's book is a fascinating and inspiring account of his journey. He writes with passion and humor about the people he met, the places he visited, and the challenges he faced. He also provides practical advice for anyone planning a similar trip.

If you're interested in adventure travel, cycling, or Southern Africa, then I highly recommend reading 'Cycling Southern Africa'. It's a great book that will inspire you to get out there and explore the world on two wheels.

Highlights of the Book

- Bina's journey took him through 10 countries in Southern Africa, including South Africa, Namibia, Botswana, Zambia, Zimbabwe, Malawi, Mozambique, Swaziland, Lesotho, and Mauritius.
- He cycled over 12,000 miles, often on remote and challenging roads.
- He encountered a wide range of wildlife, including lions, elephants, rhinos, and hippos.
- He met many interesting people along the way, including locals, fellow travelers, and aid workers.
- He faced a number of challenges, including extreme heat, altitude sickness, and mechanical problems.

What Others Are Saying

"Cycling Southern Africa is a must-read for anyone interested in adventure travel or cycling. Jiri Bina's writing is engaging and inspiring, and his journey is a testament to the power of human endurance." - **National Geographic**

"Bina's book is a celebration of the beauty and diversity of Southern Africa. It's a great read for anyone who loves to travel, explore, and experience new cultures." - **Lonely Planet**

"Cycling Southern Africa is an inspiring story of adventure and resilience. Bina's journey is a reminder that anything is possible if you set your mind to it." - **The Guardian**

About the Author

Jiri Bina is a Czech-born adventurer and writer. He has cycled over 50,000 miles through 50 countries on five continents. He is the author of several books about his travels, including 'Cycling Southern Africa', 'Cycling the Americas', and 'Cycling Asia'.

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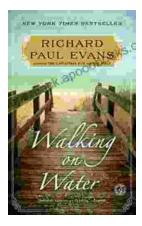
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