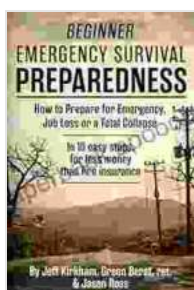


# How to Prepare for Emergency Job Loss or Total Collapse

In today's uncertain economic climate, it's more important than ever to be prepared for the unexpected. Losing your job or experiencing a total collapse of the economy can be a devastating event, but it doesn't have to be if you're prepared.



## Beginner Emergency Survival Preparedness: How to Prepare for Emergency, Job Loss or a Total Collapse.

by Jeff Kirkham

★★★★☆ 4.6 out of 5

Language : English  
File size : 22679 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 96 pages  
Lending : Enabled



This comprehensive guide will provide you with everything you need to know about preparing for and surviving an emergency job loss or total collapse, including:

- Financial planning
- Food storage
- Medical supplies

- Security
- And more

## **Financial planning**

One of the most important things you can do to prepare for an emergency job loss or total collapse is to have a financial plan in place. This plan should include:

- An emergency fund with at least three months' worth of living expenses
- A budget that tracks your income and expenses
- A plan for how you will reduce your expenses if you lose your job

It's also important to have a plan for how you will generate income if you lose your job. This could include starting a new business, freelancing, or taking on a part-time job.

## **Food storage**

In the event of a total collapse, it's essential to have a supply of food on hand. This food should be non-perishable and easy to store. Some good options include:

- Canned goods
- Dried fruits and vegetables
- Rice
- Pasta

- Beans

It's also important to have a way to cook your food in the event of a power outage. This could include a camp stove, a solar oven, or a fireplace.

## **Medical supplies**

In the event of a total collapse, it's also important to have a supply of medical supplies on hand. This should include:

- First aid kit
- Antibiotics
- Pain relievers
- Anti-diarrheal medication
- Water purification tablets

It's also important to have a plan for how you will get medical care in the event of a collapse. This could include finding a doctor or nurse who is willing to barter for services, or setting up a community clinic.

## **Security**

In the event of a total collapse, it's also important to be prepared for the possibility of violence. This could include having a plan for self-defense, as well as a way to secure your home and property.

Some good options for self-defense include:

- Pepper spray

- A stun gun
- A firearm

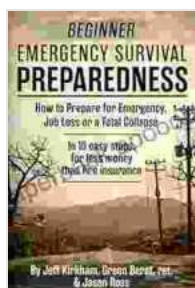
It's also important to have a plan for how you will communicate with others in the event of a collapse. This could include having a ham radio, a satellite phone, or a solar-powered cell phone charger.

## Other preparations

In addition to the above, there are a number of other preparations you can make to help you survive an emergency job loss or total collapse. These include:

- Learning basic survival skills, such as how to build a fire, how to find food, and how to purify water
- Building a community with other people who are prepared for a collapse
- Developing a plan for how you will evacuate your home if necessary

Preparing for an emergency job loss or total collapse can be a daunting task, but it's one of the most important things you can do to protect yourself and your family. By following the tips in this guide, you can increase your chances of surviving and thriving even in the worst of times.



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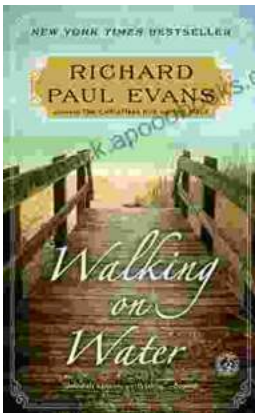
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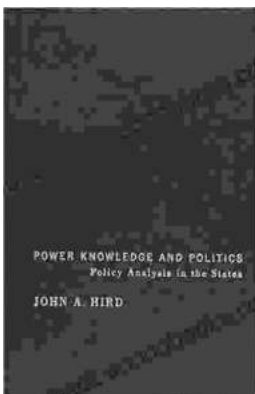
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