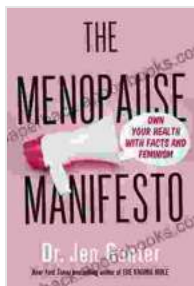


Own Your Health With Facts And Feminism



The Menopause Manifesto: Own Your Health with Facts and Feminism by Jennifer Gunter

★★★★☆ 4.5 out of 5

Language	: English
File size	: 1401 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 385 pages
Lending	: Enabled



By Dr. Jen Gunter

Are you tired of being told what to do with your body? Are you sick of being treated like a second-class citizen by the medical system? If so, then it's time to own your health with facts and feminism.

In her groundbreaking book, *Own Your Health With Facts And Feminism*, Dr. Jen Gunter provides women with the tools they need to take control of their health. Dr. Gunter is a leading expert in women's health, and she has spent her career debunking myths and exposing the truth about the medical system. In this book, she shares her knowledge and experience with readers, so that they can make informed decisions about their bodies.

Own Your Health With Facts And Feminism is divided into three parts. The first part of the book provides a crash course in women's health. Dr. Gunter

covers everything from puberty to menopause, and she explains the science behind the changes that women's bodies go through. She also debunks common myths about women's health, such as the myth that women are too emotional to be doctors or that they can't handle pain.

The second part of the book focuses on the medical system. Dr. Gunter exposes the ways in which the medical system often fails women. She discusses the gender bias in medical research, the lack of access to affordable healthcare for women, and the way that women are often treated with condescension by doctors.

The third part of the book provides women with the tools they need to take control of their health. Dr. Gunter teaches readers how to find reputable health information, how to talk to their doctors, and how to make informed decisions about their bodies. She also provides a list of resources for women who need help with their health.

Own Your Health With Facts And Feminism is a must-read for any woman who wants to take control of her health. Dr. Gunter's clear and concise writing style makes this book accessible to readers of all levels, and her passion for women's health is evident on every page.

Reviews

"*Own Your Health With Facts And Feminism* is a groundbreaking book that provides women with the tools they need to take control of their health. Dr. Gunter is a leading expert in women's health, and she has spent her career debunking myths and exposing the truth about the medical system. In this book, she shares her knowledge and experience with readers, so that they can make informed decisions about their bodies."

- The New York Times

"Dr. Gunter is a fearless advocate for women's health. In *Own Your Health With Facts And Feminism*, she provides women with the tools they need to take control of their health and make informed decisions about their bodies. This book is a must-read for any woman who wants to be her own health advocate."

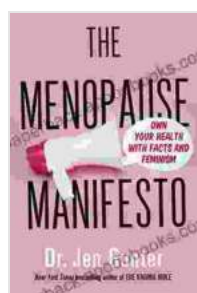
- The Washington Post

"*Own Your Health With Facts And Feminism* is a powerful and important book. Dr. Gunter provides women with the knowledge and confidence they need to take control of their health. This book is a game-changer for women's health."

- Gloria Steinem

Free Download Your Copy Today!

Own Your Health With Facts And Feminism is available now at all major bookstores and online retailers.

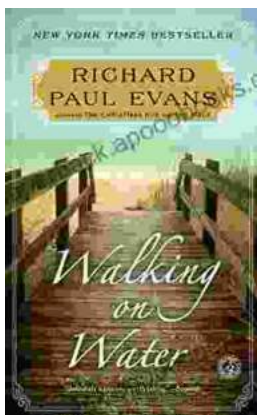


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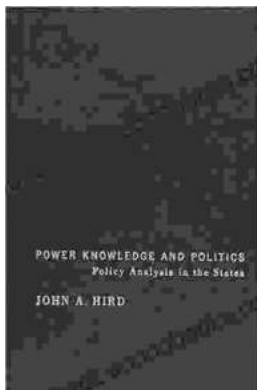
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